



*Sodexo*

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Food Court Smoothies  
*Blender-less*

4 lbs of Low fat vanilla Yogurt  
4 C Juice, orange, unsweetened, chilled  
4 C Applesauce, canned, unsweetened, chilled

Stir in Yogurt and orange juice together in an 8 qt container until well mixed. Add applesauce, 2 cups at a time, stirring until smooth after each addition. Serve chilled.